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		Mashed vegetables with veal 	Mashed vegetables with flounder    	Mashed vegetables with chicken 	
			Mashed vegetables with veal 		
		My first yoghurt 	Fruit purée	My first yoghurt 	
<small>Energy: 419 kcal . Lipids: 13,1 g . Saturated Fatty Acids: 3,5 g . Carbohydrates: 39,4 g . Sugar: 27,2 g . Protein: 32,2 g . Salt: 0,6 g . - - Nutritional evaluation calculated for 1-4-year-old children with a recommended caloric intake of 1,250 Kcal/day</small>					
MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10	
Mashed vegetables with chicken 	Mashed vegetables with hake    	FESTIVO 	Mashed vegetables with flounder    	Mashed vegetables with chicken 	
	Mashed vegetables with chicken 		Mashed vegetables with veal 		
My first yoghurt 	Fruit purée		Fruit purée	My first yoghurt 	
<small>Energy: 419 kcal . Lipids: 13,1 g . Saturated Fatty Acids: 3,5 g . Carbohydrates: 39,4 g . Sugar: 27,2 g . Protein: 32,2 g . Salt: 0,6 g . - - Nutritional evaluation calculated for 1-4-year-old children with a recommended caloric intake of 1,250 Kcal/day</small>					
MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17	
Mashed vegetables with chicken 	Mashed vegetables with hake    	Mashed vegetables with veal 	Mashed vegetables with flounder    	Mashed vegetables with chicken 	
	Mashed vegetables with chicken 		Mashed vegetables with veal 		
My first yoghurt 	Fruit purée	My first yoghurt 	Fruit purée	My first yoghurt 	
<small>Energy: 419 kcal . Lipids: 13,1 g . Saturated Fatty Acids: 3,5 g . Carbohydrates: 39,4 g . Sugar: 27,2 g . Protein: 32,2 g . Salt: 0,6 g . - - Nutritional evaluation calculated for 1-4-year-old children with a recommended caloric intake of 1,250 Kcal/day</small>					
MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24	
Mashed vegetables with chicken 	Mashed vegetables with hake    	Mashed vegetables with veal 	Mashed vegetables with flounder    	Mashed vegetables with chicken 	
	Mashed vegetables with chicken 		Mashed vegetables with veal 		
My first yoghurt 	Fruit purée	My first yoghurt 	Fruit purée	My first yoghurt 	
<small>Energy: 419 kcal . Lipids: 13,1 g . Saturated Fatty Acids: 3,5 g . Carbohydrates: 39,4 g . Sugar: 27,2 g . Protein: 32,2 g . Salt: 0,6 g . - - Nutritional evaluation calculated for 1-4-year-old children with a recommended caloric intake of 1,250 Kcal/day</small>					
MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	FRIDAY 1	
Mashed vegetables with chicken 	Mashed vegetables with hake    	Mashed vegetables with veal 	Mashed vegetables with flounder    		
	Mashed vegetables with chicken 		Mashed vegetables with veal 		
My first yoghurt 	Fruit purée	My first yoghurt 	Fruit purée		
<small>Energy: 419 kcal . Lipids: 13,1 g . Saturated Fatty Acids: 3,5 g . Carbohydrates: 39,4 g . Sugar: 27,2 g . Protein: 32,2 g . Salt: 0,6 g . - - Nutritional evaluation calculated for 1-4-year-old children with a recommended caloric intake of 1,250 Kcal/day</small>					
Water and bread are included in all menus.		