

MONDAY 30	TUESDAY 31	WEDNESDAY 1	THURSDAY 2	FRIDAY 3
		Sautéed green beans with potatoes and carrot 	Rice with tomato sauce 	Homestyle lentil stew 
		Roasted chicken thigh in lemon sauce 	Chicken sausages 	Potato omelet 
		Apple 	Fruit yoghurt 	Banana
MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10
Courgette purée 	Castilian-style lentil stew 	Macaroni in carbonara sauce 	Castilian-style white bean stew 	Vegetable stew 
Saxony chop 	Battered and fried halibut 	Meatballs in demi-glace sauce 	Limanda in green sauce 	Breaded breast chicken 
Pear	Peaches in syrup	Apple	Fruit yoghurt 	Ice-cream cup 
MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
FESTIVO	Rice with tomato sauce 	Sautéed green beans with potatoes and carrot 	Pasta au gratin 	Homestyle lentil stew 
	Fresh chicken sausages 	Grilled pork loin	Chicken thigh in its natural juice 	Cod in green sauce 
	Fruit yoghurt 	Apple	Fruit yoghurt 	Banana
MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
Montañesa-style rice 	Chickpea and bacon stew 	Vegetable purée 	Macaroni with tomato 	Homestyle lentil stew 
Pork escalope	Limanda in green sauce 	Homemade pizza with ham and cheese 	Hake fillets 	Battered and fried limanda 
Pear	Fruit yoghurt 	Ice-cream 	Fruit yoghurt 	Banana
MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	FRIDAY 1
Spaghetti with tomato sauce 	Castilian-style white bean stew 	Sautéed green beans with potatoes and carrot 	Rice with tomato sauce 	
Grilled chicken breast	Cod in green sauce 	Chicken sausages 	Cordon Bleu 	
Pear	Fruit yoghurt 	Apple	Fruit yoghurt 	
Water and bread are included in all menus.				