

MONDAY 30	TUESDAY 31	WEDNESDAY 1	THURSDAY 2	FRIDAY 3
		Sautéed green beans with potatoes and carrot 	Rice with tomato sauce 	Homestyle lentil stew 
		Roasted chicken thigh in lemon sauce with sautéed mushrooms 	Chicken sausages with French fries 	Potato omelet with a slice of cheese and lettuce 
		Fruit yoghurt 	Fruit	Fruit
MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10
Courgette purée 	Castilian-style lentil stew 	Macaroni in carbonara sauce 	Castilian-style white bean stew 	Vegetable stew 
Cordon Bleu with salad 	Battered and fried halibut with salad 	Meatballs in demi-glace sauce with salad 	Limanda in green sauce 	Breaded breast chicken with chips 
Fruit	Peaches in syrup	Fruit	Fruit yoghurt 	Ice-cream cup 
MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
FESTIVO	Rice with tomato sauce 	Sautéed green beans with potatoes and carrot 	Pasta au gratin 	Homestyle lentil stew 
	Fried eggs with French fries 	Turkey stew with vegetables with mushrooms 	Chicken thigh in its natural juice with tomato salad 	Cod in green sauce with salad 
	Fruit	Fruit yoghurt 	Fruit	Fruit
MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
Montañesa-style rice 	Chickpea and bacon stew 	Vegetable purée 	Macaroni with tomato 	
Pork escalope with salad 	Limanda in green sauce 	Homemade pizza with ham and cheese 	Hake fillets 	
Fruit yoghurt 	Fruit	Ice-cream 	Fruit	
MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	FRIDAY 1
Water and bread are included in all menus.				