

MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 1	FRIDAY 2
			Homestyle lentil stew 	Green beans with potato, tomato and egg 
			Baked chicken thigh 	Meatballs in sauce 
			Fruit yoghurt 	Banana
MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
Castilian-style white bean stew 	Vegetable purée 	Homemade poultry soup 		Macaroni with tomato 
Breaded limanda fillet 	Grilled chicken breast	Halibut in green sauce 		Chicken sausages 
Pear 	Fruit yoghurt	Apple		Banana
MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
White rice with tomato sauce and egg 	Castilian-style white bean stew 	Homemade vegetable noodle soup 	Macaroni au gratin 	Homestyle lentil stew 
Hake fingers 	Grilled chicken breast	Grilled homemade Salisbury steak 	Battered and fried halibut 	Potato omelet 
Ice-cream cup 	Fruit yoghurt 	Apple	Fruit yoghurt 	Banana
MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
Vegetable purée 	Paella 	Chickpea stew topped by hard-boiled eggs 	Sautéed green beans with ham 	Lentil stew with chorizo 
Grilled pork loin	Roman plaice 	Cordon Bleu 	Chicken thigh in its natural juice 	Limanda in green sauce 
Pear	Juice	Apple	Fruit yoghurt 	Banana
MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
Carrot cream soup 	Castilian-style red bean stew 	Macaroni in carbonara sauce 	Homestyle lentil stew 	Potatoes stewed with vegetables 
Saxony chop 	Cod in green sauce 	Homemade beef meatballs in Spanish-style sauce 	Haddock in batter 	Chicken sausages 
Pear	Fruit yoghurt 	Apple	Fruit yoghurt 	Banana
Water and bread are included in all menus.				