

MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
White rice with tomato sauce and egg 	Castilian-style white bean stew 	Homemade vegetable noodle soup 	Macaroni au gratin 	Homestyle lentil stew 
Hake fingers with salad 	Grilled chicken breast with mushrooms 	Grilled homemade Salisbury steak with French fries 	Battered and fried halibut with salad 	Potato omelet 
Ice-cream cup 	Fruit	Fruit	Fruit yoghurt 	Fruit
MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
Vegetable purée 	Paella 	Chickpea stew topped by hard-boiled eggs 	Sautéed green beans with ham 	Lentil stew with chorizo 
Grilled pork loin with lettuce and tomato salad 	Roman plaice with salad 	Turkey stew with Spanish-style sauce 	Chicken thigh in its natural juice with chips 	Limanda in green sauce with salad 
Fruit	Juice	Fruit	Fruit	Fruit yoghurt 
MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
Carrot cream soup 	Castilian-style red bean stew 	Macaroni in carbonara sauce 	Homestyle lentil stew 	Potatoes stewed with vegetables 
Saxony chop with French fries 	Cod in green sauce with salad 	Homemade beef meatballs in Spanish-style sauce 	Haddock in batter with salad 	Chicken sausages with salad 
Fruit	Fruit yoghurt 	Fruit	Fruit	Vanilla custard cup 
MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14

Water and bread are included in all menus.

