

MONDAY 31	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4
		Sautéed green beans with potatoes and carrot 	Red beans with vegetables 	Macaroni with tomato sauce 
		Potato omelet with salad 	Battered and fried hake with lettuce and sweetcorn salad 	Mixed hamburger in demi-glace sauce with peas 
		Fruit	Instant custard cup 	Fruit
MONDAY 7	TUESDAY 8	WEDNESDAY 9	THURSDAY 10	FRIDAY 11
Rice with vegetables 	Homestyle lentil stew 	Vegetable stew with potato cubes 	Chicken soup 	Vegetable cream soup 
Battered and fried limanda with lettuce 	Grilled lean pork stew (pea, potato, carrot, pepper) 	Lemon roast chicken with salad (onion and lettuce) 	Cooked chickpea 	Roman blue whiting fillet with lettuce and tomato salad 
Fruit	Instant custard cup 	Fruit	Instant custard cup 	Fruit
MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
Pumpkin and leek cream 	Homestyle white bean stew 	Homestyle cauliflower with mayonnaise 	Red beans with rice 	Rioja-style stewed potatoes 
Marinated pork loin with French fries 	Biscay-style hake 	Meatballs in sauce 	Battered and fried limanda with tomato salad 	Hake fillets Lettuce and tomato salad 
Fruit	Instant custard cup 	Fruit	Fruit 	Fruit
MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
Green beans with potato, tomato and egg 	Homestyle lentil stew 	Rice with tomato sauce 	Courgette purée with croutons 	Chicken soup 
Chicken breast fillet with French fries 	Baked halibut 	Fried eggs with French fries 	Baked cod with potatoes 	Cooked chickpea 
Fruit	Fruit 	Fruit	Fruit	Fruit 
MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 1	FRIDAY 2
Orecchiette Napoletana 	White beans with chorizo 	Vegetable cream soup 		
Biscayan-style hake with salad (onion and lettuce) 	Ham croquettes with lettuce and tomato salad 	Breaded chicken fillet with salad (onion and lettuce) 		
Fruit	Vanilla custard cup 	Fruit		
Water and bread are included in all menus.				