

MONDAY 30	TUESDAY 31	WEDNESDAY 1	THURSDAY 2	FRIDAY 3
		FESTIVO	Rice with tomato sauce	Sautéed green beans with potatoes and carrot
			Sausages with onions	Breaded breast chicken
			Fruit yoghurt	Banana
MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10
Homestyle lentil stew	Carrot cream soup	Tri-colour fusilli and cheese au gratin	Chicken soup	Vegetable stew with ham
Breaded limanda fillet	Roast chicken in its natural juice	Cod in green sauce	Stew	Potato omelet
Pear	Fruit yoghurt	Tangerine	Juice	Banana
MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
Paella	Noodle soup	Green beans with egg	Homestyle lentil stew	Rioja-style potatoes
Hake fillets	Breaded chicken in Spanish-style sauce	Cooked loin fillet	Halibut in green sauce	Grilled homemade Salisbury steak
Pear	Fruit yoghurt	Pineapple in its natural juice	Fruit yoghurt	Banana
MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
Courgette cream soup	Chickpea and bacon stew	Macaroni with tomato	Vegetable stew	Castilian-style red bean stew
Chicken sausages	Chicken thigh in its natural juice	Halibut in green sauce	Meatballs in sauce	Breaded flounder
Peaches in syrup	Fruit yoghurt	Tangerine	Fruit yoghurt	Banana
MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	FRIDAY 1
Castilian-style lentil stew	Rice with tomato sauce	Chickpea and bacon stew	Vegetable purée	
Grilled pork loin	Breaded breast chicken	Battered and fried limanda	Cordon Bleu	
Pear	Juice	Tangerine	Fruit yoghurt	
Water and bread are included in all menus.				