

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
	Macaroni with tomato 	Homestyle lentil stew 	Vegetable cream soup 	Rice with tomato sauce 
	Limanda in marinara sauce 	Pork escalope 	Breaded breast chicken 	Battered and fried halibut 
	Fruit yoghurt 	Tangerine 	Fruit yoghurt 	Banana 
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
Noodle soup 	Homestyle lentil stew 	Macaroni with tomato 	Vegetable purée 	Castilian-style red bean stew 
Loin filet 	Potato omelet 	Halibut in green sauce 	Roasted chicken thigh in its natural sauce 	Breaded limanda fillet 
Pear 	Fruit yoghurt 	Tangerine 	Fruit yoghurt 	Banana 
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
Homestyle lentil stew 	Sautéed green beans with ham and carrot 	Rioja-style potatoes 	Stew 	Rice with tomato sauce 
Hake fillets 	Breaded breast chicken 	Cod in green sauce 		Ham croquettes 
Pear 	Fruit yoghurt 	Tangerine 	Fruit yoghurt 	Peaches in syrup 
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
Macaroni au gratin 	Vegetable stew 	Vegetables and white bean stew 	Rice with tomato sauce 	Castilian-style lentil stew 
Grilled pork loin 	Chicken sausages 	Baked halibut 	Meatballs in tomato sauce 	Potato omelet 
Pear 	Fruit yoghurt 	Tangerine 	Fruit yoghurt 	Banana 
MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 1	FRIDAY 2
Homemade beef vegetable noodle soup 	Spaghetti with tomato sauce 	Sautéed green beans with potatoes and carrot 		
Roasted chicken thigh in its natural sauce 	Cod in green sauce 			
Pear 	Fruit yoghurt 	Tangerine 		
Water and bread are included in all menus.				