




























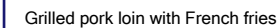











MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
Noodle soup 	Homestyle lentil stew 	Macaroni with tomato 	Vegetable purée 	Red beans with rice 
Sautéed broccoli 	Carrot cream soup 	Noodle soup 		Courgette cream soup 
Loin filet with lettuce salad 	Potato omelet with salad 	Halibut in green sauce with lettuce and tomato salad 	Chicken thigh in its natural juice with chips 	Breaded limanda fillet with lettuce 
Fruit	Fruit	Fruit yoghurt 	Fruit	Fruit
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
Lentil stew with chorizo 	Sautéed green beans with potatoes and carrot 	Rioja-style potatoes 	Chicken soup 	Rice with tomato sauce 
Homestyle chards 	Noodle soup 	Vegetable purée 		Pumpkin cream soup 
Hake fillets with salad 	Breaded breast chicken with salad 	Cod in green sauce with fresh tomato 	Stew 	Fried eggs with chips 
Fruit	Fruit yoghurt 	Fruit	Juice	Fruit
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
Macaroni au gratin 	Vegetable stew with ham 	White beans with bacon 	Cantonese rice 	Castilian-style lentil stew 
Noodle soup 	Courgette cream soup 	Cauliflower in ajoarriero-style sauce 	Carrot cream soup 	Vegetable soup 
Grilled pork loin with French fries 	Chicken sausages with salad 	Baked halibut with salad 	Meatballs in tomato sauce with lettuce 	Potato omelet with salad 
Fruit	Fruit yoghurt 	Fruit	Fruit	Peaches in syrup
MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 1	FRIDAY 2
Homemade poultry noodle soup 	Spaghetti carbonara 			
Peas with ham (*) 	Vegetable purée 	Sautéed broccoli 		
Chicken thigh in its natural juice with French fries 	Cod in green sauce 	Grilled hamburger (meat mixture) 		
Fruit	Fruit	Juice		
MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
Water and bread are included in all menus.		