

COLEGIO MARISTA CHAMPAGNAT ENERO 2024



SERAL	THEODAYA	WEDNEODAY 10	THI DODAY 11	FRIDAY 12
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	
Noodle soup	Homestyle lentil stew	Macaroni with tomato	Vegetable purée	Red beans with rice
	(1)	800		(i) (a)
Sautéed broccoli	Carrot cream soup	Noodle soup		Courgette cream soup
	©	Halibut in green sauce with lettuce	Chicken thigh in in its natural juice	
Loin filet with lettuce salad	Potato omelet with salad	and tomato salad	with chips	Breaded limanda fillet with lettuc
)(1)(a)(b)(b)(b)(c)(b)(c)(c)(c)(c)(c)(c)(c)(c)(c)(c)(c)(c)(c)	5		(ii)	30000
Fruit	Fruit	Fruit yoghurt	Fruit	Fruit
		D		
MONDAY 15	TUECDAY 16	WEDNECDAY 17	THIDODAY 10	EDIDAY 10
MONDAY 15	TUESDAY 16 Sautéed green beans with potatoes	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
Lentil stew with chorizo	and carrot	Rioja-style potatoes	Chicken soup	Rice with tomato sauce
200	8	(3)		
Homestyle chards	Noodle soup	Vegetable purée		Pumpkin cream soup
			(6)	5.1
Hake fillets with salad	Breaded breast chicken with salad	Cod in green sauce with fresh tomato		Fried eggs with chips
Fruit	Fruit voolbust	∅ ∂ 0 ⊗ 0	Ø℃⊕ 0⊚	Facility
Fruit	Fruit yoghurt	Fruit	Juice	Fruit
	D			
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
Macaroni au gratin	Vegetable stew with ham	White beans with bacon	Cantonese rice	Castilian-style lentil stew
Needle seus			00000000000000000000000000000000000000	Vanadahla asus
Noodle soup	Courgette cream soup	Cauliflower in ajoarriero-style sauce	Carrot cream soup	Vegetable soup
Grilled pork loin with French fries		Baked halibut with salad	Meatballs in tomato sauce with lettuce	e Potato omelet with salad
Gilled pork folit with French fres	Chicken sausages with salad	Sakeu Halibut With Salau	Meathails in tornato sauce with lettuce	Potato officiet with salad
Fruit	Fruit yoghurt	Fruit	Fruit	Peaches in syrup
·	n ruit yognurt	Truit	Truit	r caches in syrup
MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 1	FRIDAY 2
	Spaghetti carbonara	WEDNEODATST	THORODATT	TRIDATZ
Homemade poultry noodle soup	Spagnetti carbonara	∞		
Peas with ham (*)	Vegetable purée	Sautéed broccoli		
)	vegetable puree	Canal		
Chicken thigh in in its natural juice	Cod in green sauce	Grilled hamburger (meat mixture)		
with French fries				
Fruit	Fruit	Juice		
	1		1	
MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
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Water and bread are	included in all menus.			
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